



# CPM Program Curriculum

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## Level One: Managing Self

Outcome: Assess and manage personal behaviors and skills to enhance interpersonal relationships and management effectiveness.

Course	Hours
Orientation	3.5
MBTI	7
Temperament Theory	7
Nonverbal Communication	3.5
Listening Skills	3.5
Emotional Intelligence	7
Strategic Thinking (Day One)	7
Strategic Thinking (Day Two)	7
Critical Thinking (Day One)	7
Critical Thinking (Day Two)	7
Business Writing (Day One)	7
360 Feedback	7
<b>Total Hours</b>	<b>73.5</b>
Personal Goals Development	Assignment
Level One Review	Assignment